



**City of Coventry Swimming Club**  
**Affiliated to Swim England West Midland Region**

**Duel in the Pool**

(Under Swim England Laws and Technical Rules)

Sunday 8<sup>th</sup> June 2025 - Alan Higgs Centre - Warm up not before 3:00pm

**Open to Foundation, Development, AGPro, YM, AGC and AGD**  
**Academy swimmers may enter if at the entry they have completed an Inter**  
**House Sprint Night**

**Age as at 31<sup>st</sup> December 2025**

**Latest Date to enter Friday 24<sup>th</sup> May 2025**

A Secondary Strobe Light will be available if required.

The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

Cost of Entry: £2 per event (includes spectator admission). If sufficient officials/timekeepers have volunteered to help by 24<sup>th</sup> May, application for a L4 licence will be made.

Training is cancelled on the afternoon of June 8<sup>th</sup>. The swimmer's squad for entry is the squad in which they are in when the meet opens to entry ie 2<sup>nd</sup> May 2025

<b>Squad</b>	<b>Swimmer may ONLY enter</b>
Academy	50m Free Mandatory
	50m Free Challenge Beat your first time
Foundation	50m Free Mandatory
	50m Fly
Development	200m IM Mandatory
	100m Free
AGC/AGD	400m IM Mandatory
	100m Free
YM/AGPro	100m Free
	50m Free Mandatory



Entry is by SCM invitation. Entry times will be taken from times recorded in SwimClub Manager. If you do not have a time recorded please enter the Default Time in the table below. This will help us with understanding the gala timings. The last date to enter is 24<sup>th</sup> May.

Once entered, if you are not able to swim, then please email [julia.betteley@coventry-swimming.org.uk](mailto:julia.betteley@coventry-swimming.org.uk) before the 24<sup>th</sup> May to withdraw your entry. You will not then be charged.

On 25<sup>th</sup> May the invoices will be issued and payment is then required. Refunds on production of a medical note will be provided but not for any other reason.

### Programme of Events:

Event	Default Time
1. Female 400m IM (AGC/AGD)	07:00.00
2. Open/Male 400m IM (AGC/AGD)	07:00.00
3. Female 200m IM (Development)	03:00.00
4. Open/Male 200m IM (Development)	03:00.00
5. Female 50m Free (Academy/ Foundation/APro/YM)	01:00.00
6. Open/Male 50m Free (Academy/ Foundation/APro/YM)	01:00.00
7. Female 50m Fly (Foundation)	01:00.00
8. Open/Male 50m Fly (Foundation)	01:00.00
9. Female 100m Free (Development/AGPro/YM/AGC/AGD)	01:30.00
10. Open/Male 100m Free (Development/AGPro/YM/AGC/AGD)	01:30.00
11. Female 50m Free (Academy)	01:00.00
12. Open/Male 50m Free (Academy)	01:00.00

Once the entry has closed a list of Accepted entries will be produced which must be checked and any errors/omissions must be advised asap to [Julia.betteley@coventry-swimming.org.uk](mailto:julia.betteley@coventry-swimming.org.uk)

No changes will be made on the day of competition