



**City of Coventry Swimming Club**  
**Affiliated to Swim England West Midland Region**

Duel in the Pool

(Under Swim England Laws and Technical Rules)

Sunday 14<sup>th</sup> April 2024 - Alan Higgs Centre - Warm up not before 2:30pm

**Open to Foundation, Development, Fitness, AGC and AGD  
 Academy swimmers may enter if at the entry they have completed an Inter  
 House Sprint Night  
 Entry will open on 27<sup>th</sup> February  
 Age at 31<sup>st</sup> December 2024**

Latest Date to enter Tuesday 19<sup>th</sup> March 2024

Cost of Entry: £3 (includes spectator admission). If sufficient officials/timekeepers have  
 volunteered to help by March 19th, application for a L4 licence will be made.

Training is cancelled on the afternoon of 14<sup>th</sup> April. The swimmer's squad for entry is the  
 squad in which they are in when the meet opens to entry ie 27<sup>th</sup> February 2024

Academy	50 free/back/breast
	100 I.M.
Foundation	200 free
	100 I.M.
Development	200 free; 100 fly or breast
	200 I.M.
AGC/AGD	200 Free
	400 I.M.
YF/AGF	200 free
	200 I.M.

Entry is by SCM invitation. The last date to enter is 19<sup>th</sup> March

Once entered, if you are not able to swim, then please email [Julia.betteley@coventry-swimming.org.uk](mailto:Julia.betteley@coventry-swimming.org.uk) before the 19<sup>th</sup> March to withdraw your entry. You will not then be charged.



On March 19th the invoices will be issued and payment is then required. Refunds on production of a medical note will be provided but not for any other reason.

**Programme of Events:**

- Event 1 Female 400 IM
- Event 2 Open/Male 400 IM
- Event 3 Female 100 IM
- Event 4 Open/Male 100 IM
- Event 5 Female 200 IM
- Event 6 Open/Male 200 IM
- Event 7 Female 50m Backstroke
- Event 8 Open/Male 50m Backstroke
- Event 9 Female 200m Freestyle
- Event 10 Open/Male 200m Freestyle
- Event 11 Female 50m Breaststroke
- Event 12 Open/Male 50m Breaststroke
- Event 13 Female 100m Butterfly
- Event 14 Open/Male 100m Butterfly
- Event 15 Female 50m Freestyle
- Event 16 Open/Male 50m Freestyle
- Event 17 Female 100m Breaststroke
- Event 18 Open/Male 100m Breaststroke