



City of Coventry Swimming Club
Affiliated to Swim England West Midland Region

Duel in the Pool

(Under Swim England Laws and Technical Rules)

Sunday 25th February 2024 - Alan Higgs Centre - Warm up 2:30pm

**Open to Foundation, Development, Fitness, AGC and AGD
 Academy swimmers may enter if at the 16th January they have either:**

- i.) Completed an Inter House Sprint Night; or**
- ii.) Taken part in the Club Championships**

Entry will open on 16th January

Age at 31st December 2024

Latest Date to enter Friday 9th February 2024

Cost of Entry: £3 (includes spectator admission). If sufficient officials/timekeepers have volunteered to help by 1st February, application for a L4 licence will be made.

Training is cancelled on the afternoon of the 25th February. The swimmer's squad for entry is the squad in which they are in when the meet opens to entry ie 16th January 2024

Academy	50 free/back/breast
	100 I.M.
Foundation	100 free/ 100 breast
	100 I.M.
Development	200 free/100 back
	200 I.M.
AGC/AGD	200 I.M.
	400 Free
YF/AGF	100 free/ 100 breast
	100 I.M.

Entry is by SCM invitation. The last date to enter is February 9th.

Once entered, if you are not able to swim, then please email Julia.betteley@coventry-swimming.org.uk before the 9th February to withdraw your entry. You will not then be charged.



On February 9th the invoices will be issued and payment is then required. Refunds on production of a medical note will be provided but not for any other reason.

Programme of Events:

- Event 1 Girls 400 Free
- Event 2 Boys 400 Free
- Event 3 Girls 100 IM
- Event 4 Boys 100 IM
- Event 5 Girls 200m Freestyle
- Event 6 Boys 200m Freestyle
- Event 7 Girls 50m Breaststroke
- Event 8 Boys 50m Breaststroke
- Event 9 Girls 100m Breaststroke
- Event 10 Boys 100m Breaststroke
- Event 11 Girls 200 IM
- Event 12 Boys 200 IM
- Event 13 Girls 50m Backstroke
- Event 14 Boys 50m Backstroke
- Event 15 Girls 100m Freestyle
- Event 16 Boys 100m Freestyle
- Event 17 Girls 50m Freestyle
- Event 18 Boys 50m Freestyle
- Event 19 Girls 100m Backstroke
- Event 20 Boys 100m Backstroke