



## **City of Coventry Swimming Club**

(Affiliated to Swim England West Midland Region)

### **City of Coventry John Hughes Meet 2024**

**License 3 Age as at 17<sup>th</sup> March 2024**

To be held Under Swim England Laws and Technical Rules

***On Saturday 16th & 17th March 2024***

9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs and 15yrs/Over

To be held in the 25m Pool at the Alan Higgs Centre features backstroke ledges, Anti wave ropes and electronic timing. There is a secondary strobe light available if required. The changing facility at the Centre is a Mixed Changing Village and may be accessed by the public at any time during the day.

#### **Meet Contacts**

**Entries – [visitingclub@coventry-swimming.org.uk](mailto:visitingclub@coventry-swimming.org.uk)**

**Officials – [officials@coventry-swimming.org.uk](mailto:officials@coventry-swimming.org.uk)**

#### **ENTRY PROCEDURE**

Entry fee is **£8.00** per event and the closing date for entries is the **16<sup>th</sup> of February 2024**. (Acceptances will be made on a “first come first served basis”). Entry may close early if demand dictates. Refunds of entry fees will only be given on production of a doctor’s note if a swimmer is ill or injured, or if a swimmer has been chosen to represent their nation, region, or county for a training camp.

Entry is only permitted to Swim England Club Compete members. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

Entries will not be accepted without a time (times achieved in training will be acceptable). Times must have been achieved since 1<sup>st</sup> September 2022

Entry is by a SPORTSYSTEMS file for entries can be obtained via a link on website and once entries have been accepted invoices will be issued with payment details.

Clubs with more than 5 swimmers entered in the Meet are required to submit an electronic entry.

Individual entries may be made via a form which can also be found on our website, an administration fee of £8 per swimmer will apply.



Application form for a Poolside Passes (cost £15.00 per pass for each day) can be found on our website and this provides a lunchtime meal and admission to the Poolside.

All Swimmers must be accompanied by Coaches/Team Managers or Chaperone as detailed in Wavepower

Withdrawals procedure will be advised nearer the date of the meet.

### SCHEDULE OF EVENTS

Saturday 16 <sup>th</sup> March 2024			Sunday 17 <sup>th</sup> March 2024		
<b>Session 1</b>			<b>Session 4</b>		
F	101	400m Individual Medley	M	401	400m Individual Medley
M	102	100m breaststroke	F	402	100m breaststroke
F	103	200m backstroke	M	403	200m backstroke
M	104	200m freestyle	F	404	200m freestyle
F	105	50m butterfly	M	405	50m butterfly
<b>Session 2</b>			<b>Session 5</b>		
M	201	400m freestyle	F	501	400m freestyle
F	202	100m butterfly	M	502	100m butterfly
M	203	200m breaststroke	F	503	200m breaststroke
F	204	100m backstroke	M	504	100m backstroke
M	205	50m freestyle	F	505	50m freestyle
<b>Session 3</b>			<b>Session 6</b>		
F	301	200m butterfly	M	601	200m butterfly
M	302	200m Individual Medley	F	602	200m Individual Medley
F	303	50m backstroke	M	603	50m backstroke
M	304	50m breaststroke	F	604	50m breaststroke
F	305	100m freestyle	M	605	100m freestyle

### TIMINGS

The meet will be split into six sessions, the first Session each day will start at 09.00am (7:45 am Warm Up). The start of the remaining sessions will be determined on the number of entries received. Where possible we will look for an approximate break of 45 mins between sessions finishing and the next warmup beginning

## QUALIFYING TIMES

Submitted times **MUST** be personal best times (achieved in a 25m pool or converted accordingly)

### Higher Level Qualifying Times (Entry Times Should be No Faster Than)

Girls															
Age Group	50m Freestyle	100m Freestyle	200m Freestyle	400m Freestyle	50m Breaststroke	100m Breaststroke	200m Breaststroke	50m Butterfly	100m Butterfly	200m Butterfly	50m Backstroke	100m Backstroke	200m Backstroke	200m IM	400m IM
9	37.26	01:24.7	03:08.3	07:15.9	49.88	01:49.4	03:59.0	44.6	01:55.1	03:49.4	43.35	01:35.4	03:30.0	03:31.8	07:25.9
10	33.38	01:14.5	02:42.9	05:53.3	44.24	01:37.5	03:30.6	37.53	01:30.1	03:49.4	38.91	01:24.8	03:01.6	03:04.8	07:25.9
11	30.61	01:07.8	02:28.3	05:16.9	40.28	01:28.2	03:08.7	34.45	01:18.9	03:09.3	35.26	01:16.6	02:43.8	02:47.1	06:02.4
12	29.28	01:03.9	02:18.7	04:55.0	37.3	01:21.6	02:55.4	31.92	01:11.9	02:45.8	33.4	01:12.6	02:34.8	02:36.4	05:33.0
13	28.18	01:01.1	02:13.8	04:42.6	35.79	01:17.6	02:49.5	30.54	01:08.7	02:35.0	31.88	01:08.2	02:27.7	02:30.9	05:19.2
14	27.66	01:00.1	02:11.0	04:37.6	35.03	01:16.0	02:45.9	29.93	01:06.8	02:29.8	31.13	01:06.8	02:25.2	02:27.8	05:14.5
15+	27.41	59.41	02:09.3	04:33.1	34.81	01:15.1	02:41.8	29.41	01:05.8	02:27.3	30.81	01:06.0	02:23.2	02:25.9	05:09.9

  

Boys															
Age Group	50m Freestyle	100m Freestyle	200m Freestyle	400m Freestyle	50m Breaststroke	100m Breaststroke	200m Breaststroke	50m Butterfly	100m Butterfly	200m Butterfly	50m Backstroke	100m Backstroke	200m Backstroke	200m IM	400m IM
9	37.12	01:23.8	03:06.1	08:14.3	50.1	01:52.1	04:06.6	44.46	02:09.4	03:49.1	43.49	01:35.6	03:37.4	03:39.0	07:25.0
10	33.55	01:14.9	02:44.3	06:02.0	45.28	01:39.5	03:34.2	38.49	01:31.4	03:49.1	39.33	01:25.7	03:04.6	03:10.6	07:25.0
11	30.82	01:08.5	02:29.1	05:18.1	40.79	01:30.5	03:14.6	34.65	01:20.2	03:14.1	35.61	01:18.4	02:46.7	02:50.2	06:04.9
12	28.71	01:02.8	02:18.3	04:58.1	37.57	01:21.5	02:58.8	32.21	01:12.2	02:41.5	33.35	01:11.9	02:34.6	02:37.7	05:40.3
13	26.59	57.81	02:07.5	04:32.0	33.5	01:12.7	02:40.5	29.04	01:05.0	02:29.8	30.78	01:06.2	02:23.1	02:24.2	05:09.3
14	25.64	55.61	02:03.0	04:21.2	32.68	01:11.1	02:35.8	27.94	01:02.2	02:20.7	29.24	01:02.4	02:16.5	02:18.6	04:55.9
15+	24.81	54.00	01:58.2	04:14.0	31.71	01:09.0	02:31.0	27.01	01:00.1	02:17.4	28.22	01:00.1	02:12.9	02:13.7	04:49.2

**Submitted times must be shown for the events to be entered.**

**Entry from Swim England Club Compete members only.**



## **AWARDS**

### **1. Top Visiting Club**

Team award will be made to the visiting club team acquiring the highest points total throughout the meet. Points scoring system will be based on descending scale 8 to 1 for individual placing in each age group.

### **2. Individual Awards will be made on an HDW basis**

First three places in each age group in each event

The Organisers reserve the right to limit the number heats should circumstances dictate. All heats will be swum in time seeded order, regardless of age.

Accepted Entries, Pre-meet information including Gala timings and list of any rejections will appear on the club website approximately 14 days before meet is due to take place.

[www.coventry-swimming.org.uk](http://www.coventry-swimming.org.uk)

For any additional information on meet please contact:

[visitingclubs@coventry-swimming.org.uk](mailto:visitingclubs@coventry-swimming.org.uk)

Without sufficient licensed officials we will not be able to run this meet and will not be able to support requests for mentoring to which we are committed. We therefore request that any club submitting entries, if possible, provide us with e-mail addresses of any qualified officials, who may be willing to help. Any offers of assistance with officiating please contact [officials@coventry-swimming.org.uk](mailto:officials@coventry-swimming.org.uk)