



City of Coventry Swimming Club
Affiliated to Swim England West Midland Region

Duel in the Pool

(Under Swim England Laws and Technical Rules)

Sunday 9th November 2025 - Alan Higgs Centre - Warm up not before 3:00pm

Open to Foundation, Development, AGPro, YM, AGC and AGD
Academy swimmers may enter only if they have completed an Inter House
Sprint Night

Age as at 31st December 2025

Latest Date to Friday 24th October 2025

A Secondary Strobe Light will be available if required.

The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

Cost of Entry: £2 per event (includes spectator admission). If sufficient officials/timekeepers have volunteered to help by 24th October, application for a L4 licence will be made.

Training is cancelled on the afternoon of 9th November. The swimmer's squad for entry is the squad in which they are in when the meet opens to entry ie 3rd October 2025

Squad	Swimmer may ONLY enter
Academy	50m Free Mandatory
	50m Back
Foundation	100m IM Mandatory
	50m Free
Development	200m IM Mandatory
	100m Back
AGC/AGD	200 IM Mandatory
	100m Back
YM/AGPro	100m IM Mandatory
	100m Back



Entry is by SCM invitation. Entry times will be taken from times recorded in SwimClub Manager. If you do not have a time recorded please enter the Default Time in the table below. This will help us with understanding the gala timings. The last date to enter is 24th October

Once entered, if you are not able to swim, then please email meetadmin@coventry-swimming.org.uk before the 24th October to withdraw your entry. You will not then be charged.

On 25th October the invoices will be issued and payment is then required. Refunds on production of a medical note will be provided but not for any other reason.

Programme of Events:

Event	Default Time
1. Female 200m IM (AGC/AGD/Dev)	04:00.00
2. Open/Male 200m IM (AGC/AGD/Dev)	04:00.00
3. Female 100m IM (AGPro, YM, Foundation)	02:00.00
4. Open/Male 100m IM (AGPro, YM, Foundation)	02:00.00
5. Female 50m Back (Academy)	01:00.00
6. Open/Male 50m Back (Academy)	01:00.00
7. Female 100m Back (Dev, AGC/AGD, AGPro, YM)	02:30.00
8. Open/Male 100m Back (Dev, AGC/AGD, AGPro, YM)	02:30.00
9. Female 50m Breast (Academy, Foundation)	01:00.00
10. Open/Male 50m Breast (Academy, Foundation)	01:00.00

The gala will conclude with a 100m kick set for all the above squads.

Once the entry has closed a list of Accepted entries will be produced which must be checked and any errors/omissions must be advised asap to meetadmin@coventry-swimming.org.uk



No changes will be made on the day of competition