



City of Coventry Swimming Club

(Affiliated to Swim England West Midland Region)

City of Coventry Graham Sykes Meet 2026 License 3 - On Saturday 18th & Sunday 19th July 2026

(To be held Under Swim England Laws and Technical Rules)

Referee: Sally Stow

Starter: Julia Smith

The competition will be held in the **50m Pool** at the Alan Higgs Centre, Allard Way, Coventry, CV3 1HW, which features backstroke ledges, Anti wave ropes, electronic timing, and a secondary strobe light. The changing facility at the Centre is a Mixed Changing Village and may be accessed by the public at any time during the day.

This meet is open to swimmers in the following age groups (**Age on 19th July 2026**):

9yrs, 10yrs (excluding 200fly & 400IM)

11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs & 17yrs/Over – All Strokes

ENTRY PROCEDURE

Entry fee is **£8.50** per event and the closing date for entries is the **25th of June 2026**. (Acceptances will be made on a “first come first served basis”). Entry may close early if demand dictates. Refunds of entry fees will only be given on production of a doctor’s note if a swimmer is ill or injured, or if a swimmer has been chosen to represent their nation, region, or county for a training camp.

Entry is only permitted to Swim England Club Compete members. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

Para Swimmers

City of Coventry Swimming Club operates an inclusive policy for para swimmers in this competition. Swimmers will be ranked using British Para Swimming Points. Awards will be given to the top three in each event.

Entries will not be accepted without a time, and this should have been achieved since the 1st January 2025, (training times will be acceptable). A SPORTSYSTEMS file for entries can be obtained by completing a form on our website.

Individual entries may be made via email to visitingclubs@coventry-swimming.org.uk, an administration fee of £8.00 will apply or if preferred a SPORTSYSTEMS file will be acceptable. Clubs with more than 5 swimmers entered in the Meet are required to submit an electronic entry.



Invoices will be issued with payment details once entries have been accepted.

Meet Contacts

Entries: visitingclubs@coventry-swimming.org.uk

Officials: officials@coventry-swimming.org.uk

The application form for a Poolside Pass (cost £16.00 per pass for each day) including lunch will be found on our website once the lunch menu is confirmed. One application per club please. Please note the Poolside Pass must be completed to confirm the Safeguarding credentials of poolside personnel. Lunch forms are released on submission of the Safeguarding declaration. Lunch forms will close at 10pm on the Monday before the meet to conform with our caterer's deadline.

All Swimmers must be accompanied by Coaches/Team Managers or Chaperone as detailed in Wavepower

AWARDS

1. Top Visiting Club

Team award will be made to the visiting club team acquiring the highest points total throughout the meet. Points scoring system will be based on descending scale 8 to 1 for individual placing in each age group.

2. Individual Awards will be made on an HDW basis

First three places in each age group in each event (Plus Para awards).

The Organisers reserve the right to limit the number heats should circumstances dictate. All heats will be swum in time seeded order, regardless of age.

For Safeguarding reasons and in line with the Alan Higgs policy

1. No photography or videoing on poolside, balcony or in the changing village.
2. No training aids are to be used in the warmups/swim down areas except for kick boards and pull buoys. No fins, hand paddles, bungees and parachutes to be used.
3. Swimmers should not leave the pool deck area without suitable footwear.

Accepted Entries: Pre-meet information including Gala timings and list of any rejections will appear on the club website.

Withdrawals: Each club is responsible for managing their own withdrawals using the Swim Meet link that is emailed to the Club Co Ordinator once the Accepted Entries have been produced.



Schedule of Events

Session 1	Start 9:00am	Saturday 18 th July 2025	Session 4	Start 9:00am	Sunday 19 th July 2025
101	Female	200m Individual Medley	401	Open/Male	200m Individual Medley
102	Open/Male	50m Butterfly	402	Female	50m Butterfly
103	Female	100m Freestyle	403	Open/Male	100m Freestyle
104	Open/Male	200m Backstroke	404	Female	200m Backstroke
105	Female	100m Breaststroke	405	Open/Male	100m Breaststroke
Session 2	Start TBA pm		Session 5	Start TBA pm	
201	Open/Male	400m Freestyle	501	Female	400m Freestyle
202	Female	100m Butterfly	502	Open/Male	100m Butterfly
203	Open/Male	200m Breaststroke	503	Female	200m Breaststroke
204	Female	50m Freestyle	504	Open/Male	50m Freestyle
205	Open/Male	100m Backstroke	505	Female	100m Backstroke
Session 3	Start TBA pm		Session 6	Start TBA pm	
301	Open/Male	200m Freestyle	601	Female	200m Freestyle
302	Female	400m Individual Medley	602	Open/Male	400m Individual Medley
303	Open/Male	50m Backstroke	603	Female	50m Backstroke
304	Female	50m Breaststroke	604	Open/Male	50m Breaststroke
305	Open/Male	200m Butterfly	605	Female	200m Butterfly



QUALIFYING TIMES:

**Submitted times MUST be personal best times achieved in a 25m pool
 (times achieved in a long course pool and converted accordingly will also be accepted)
Higher Level Qualifying Times (Entry Times Should be No Faster Than)**

Girls															
Age Group	50m Freestyle	100m Freestyle	200m Freestyle	400m Freestyle	50m Breaststroke	100m Breaststroke	200m Breaststroke	50m Butterfly	100m Butterfly	200m Butterfly	50m Backstroke	100m Backstroke	200m Backstroke	200m IM	400m IM
9	37.26	01:24.7	03:08.3	07:15.9	49.88	01:49.4	03:59.0	44.6	01:55.1	N/A	43.35	01:35.4	03:30.0	03:31.8	N/A
10	33.38	01:14.5	02:42.9	05:53.3	44.24	01:37.5	03:30.6	37.53	01:30.1	N/A	38.91	01:24.8	03:01.6	03:04.8	N/A
11	30.61	01:07.8	02:28.3	05:16.9	40.28	01:28.2	03:08.7	34.45	01:18.9	03:09.3	35.26	01:16.6	02:43.8	02:47.1	06:02.4
12	29.28	01:03.9	02:18.7	04:55.0	37.3	01:21.6	02:55.4	31.92	01:11.9	02:45.8	33.4	01:12.6	02:34.8	02:36.4	05:33.0
13	28.18	01:01.1	02:13.8	04:42.6	35.79	01:17.6	02:49.5	30.54	01:08.7	02:35.0	31.88	01:08.2	02:27.7	02:30.9	05:19.2
14	27.66	01:00.1	02:11.0	04:37.6	35.03	01:16.0	02:45.9	29.93	01:06.8	02:29.8	31.13	01:06.8	02:25.2	02:27.8	05:14.5
15	27.41	59.41	02:09.3	04:33.1	34.81	01:15.1	02:41.8	29.41	01:05.8	02:27.3	30.81	01:06.0	02:23.2	02:25.9	05:09.9
16	27.41	59.41	02:09.3	04:33.1	34.81	01:15.1	02:41.8	29.41	01:05.8	02:27.3	30.81	01:06.0	02:23.2	02:25.9	05:09.9
17+	27.41	59.41	02:09.3	04:33.1	34.81	01:15.1	02:41.8	29.41	01:05.8	02:27.3	30.81	01:06.0	02:23.2	02:25.9	05:09.9

Submitted times must be shown for the events to be entered.

Entry from Swim England Club Compete members only.



QUALIFYING TIMES:

**Submitted times MUST be personal best times achieved in a 25m pool
(times achieved in a long course pool and converted accordingly will also be accepted)
Higher Level Qualifying Times (Entry Times Should be No Faster Than)**

Boys															
Age Group	50m Freestyle	100m Freestyle	200m Freestyle	400m Freestyle	50m Breaststroke	100m Breaststroke	200m Breaststroke	50m Butterfly	100m Butterfly	200m Butterfly	50m Backstroke	100m Backstroke	200m Backstroke	200m IM	400m IM
9	37.12	01:23.8	03:06.1	08:14.3	50.1	01:52.1	04:06.6	44.46	02:09.4	N/A	43.49	01:35.6	03:37.4	03:39.0	N/A
10	33.55	01:14.9	02:44.3	06:02.0	45.28	01:39.5	03:34.2	38.49	01:31.4	N/A	39.33	01:25.7	03:04.6	03:10.6	N/A
11	30.82	01:08.5	02:29.1	05:18.1	40.79	01:30.5	03:14.6	34.65	01:20.2	03:14.1	35.61	01:18.4	02:46.7	02:50.2	06:04.9
12	28.71	01:02.8	02:18.3	04:58.1	37.57	01:21.5	02:58.8	32.21	01:12.2	02:41.5	33.35	01:11.9	02:34.6	02:37.7	05:40.3
13	26.59	57.81	02:07.5	04:32.0	33.5	01:12.7	02:40.5	29.04	01:05.0	02:29.8	30.78	01:06.2	02:23.1	02:24.2	05:09.3
14	25.64	55.61	02:03.0	04:21.2	32.68	01:11.1	02:35.8	27.94	01:02.2	02:20.7	29.24	01:02.4	02:16.5	02:18.6	04:55.9
15	24.81	54.00	01:58.2	04:14.0	31.71	01:09.0	02:31.0	27.01	01:00.1	02:17.4	28.22	01:00.1	02:12.9	02:13.7	04:49.2
16	24.81	54.00	01:58.2	04:14.0	31.71	01:09.0	02:31.0	27.01	01:00.1	02:17.4	28.22	01:00.1	02:12.9	02:13.7	04:49.2
17+	24.81	54.00	01:58.2	04:14.0	31.71	01:09.0	02:31.0	27.01	01:00.1	02:17.4	28.22	01:00.1	02:12.9	02:13.7	04:49.2

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