

City of Coventry Swimming - Graham Sykes meet

Saturday 18th July 2026

Session 1 - Warm up

07:45am - 08:05am Girls 9,10,11,12

08:05am - 08:25am Girls 13+

08:25am - 08:45am All Boys

Start lanes open 5 mins before the end of each warmup

Warm up ends: 08:45am - Racing starts 09:00am

Session 2 - Warm up

12:45pm - 01:00pm All Boys

01:00pm - 01:10pm Girls 9,10,11

01:10pm - 01:25pm Girls 13+

Start lanes open 5 mins before the end of each warmup

Racing starts 01:30pm

Session 3 - Warm up

04:00pm - 04:20pm All Boys

04:20pm - 04:40pm All Girls

Start lanes open 5 mins before the end of each warmup

Racing starts 04:45pm

Sunday 19th July 2026

Session 4 - Warm up

07:45am - 08:05am Bpys 9,10,11,12,13

08:05am - 08:25am Girls 9,10,11,12,13

08:25am - 08:45am Mixed 14+

Start lanes open 5 mins before the end of each warmup

Warm up ends: 08:45am - Racing starts 09:00am

Session 5 - Warm up

12:15pm - 12:25pm Mixed 9,10,11

12:25pm - 12:40pm Girls 12+

12:40pm - 12:55pm Boys 12+

Start lanes open 5 mins before the end of each warmup

Racing starts 01:00pm

Session 6 - Warm up

03:55pm - 04:10pm Girls 9,10,11,12,13,14

04:10pm - 04:25pm Girls 14+ / All Boys

Start lanes open 5 mins before the end of each warmup

Racing starts 04:30pm