



City of Coventry Swimming Club John Hughes Meet 2026

(Affiliated to Swim England West Midland Region)

License 3 - *On Saturday 21st & Sunday 22nd March 2026*

To be held Under Swim England Laws and Technical Rules

Referee: Sally Stowe Starter: Julia Smith

The competition will be held in the **25m Pool** at the Alan Higgs Centre, Allard Way, Coventry, CV3 1HW, which features backstroke ledges, Anti wave ropes, electronic timing, and a secondary strobe light. The changing facility at the Centre is a Mixed Changing Village and may be accessed by the public at any time during the day.

This meet is open to swimmers in the following age groups (**Age at 22nd March 2026**):

9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs and 17yrs/Over

400 IM 12yrs, 13yrs, 14yrs, 15yrs, 16yrs and 17yrs/Over

ENTRY PROCEDURE

Entry fee is **£8.50** per event and the closing date for entries is the **21st February 2026**. Acceptances will be made on a "first come first served basis" to visitingclubs@coventry-swimming.org.uk. Entry may close early if demand dictates. Refunds of entry fees will only be given on production of a doctor's note if a swimmer is ill or injured, or if a swimmer has been chosen to represent their nation, region, or county for a training camp.

Entry is only permitted to Swim England Club Compete members. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

Entries will not be accepted without a time which must have been achieved on or after the 1st of August 2024, (training times will be acceptable). A SPORTSYSTEMS file for entries can be obtained by completing a form on our website.

Entry is by a file that can be imported into SPORTSYSTEMS. Individual entries from clubs who enter less than 5 swimmers and who are unable to produce a file for import into SPORTSYSTEMS may enter but will incur an administration fee of £8/swimmer. Clubs with more than 5 swimmers entered in the Meet are required to submit an electronic entry.

Invoices will be issued, and payment is due once entries have been received.

Accepted Entries, Pre-meet information including Gala timings and list of any rejections will appear on the club website shortly after the meet closes to entry



Withdrawals: Each club is responsible for managing their withdrawals. Once the meet entry closes, a link will be sent to the Club Coordinator to manage withdrawals on Swim Meet. Swimmers must contact their Club Coordinator to withdraw.

The Organisers reserve the right to limit the number heats should circumstances dictate. All heats will be swum in time seeded order, regardless of age.

Para Swimmers

City of Coventry Swimming Club operates an inclusive policy for para swimmers in this competition. Swimmers will be ranked using British Para Swimming Points. Awards will be given to the top three in each event.

Meet Contacts

Entries: visitingclubs@coventry-swimming.org.uk

Officials: officials@coventry-swimming.org.uk

Application forms for Poolside Passes (cost £16.00 per pass for each day) can be found on our website and this provides a lunchtime meal and admission to Poolside. All Swimmers must be accompanied by Coaches/Team Managers or Chaperone as detailed in Wavepower



SCHEDULE OF EVENTS

Saturday 21st March 2026			Sunday 22nd March 2026		
Session 1			Session 4		
F	101	400m Individual Medley	O/M	401	400m Individual Medley
O/M	102	100m breaststroke	F	402	100m breaststroke
F	103	200m backstroke	O/M	403	200m backstroke
O/M	104	200m freestyle	F	404	200m freestyle
F	105	50m butterfly	O/M	405	50m butterfly
Session 2			Session 5		
O/M	201	400m freestyle	F	501	400m freestyle
F	202	100m butterfly	O/M	502	100m butterfly
O/M	203	200m breaststroke	F	503	200m breaststroke
F	204	100m backstroke	O/M	504	100m backstroke
O/M	205	50m freestyle	F	505	50m freestyle
F	206	100m Individual Medley	O/M	506	100m Individual Medley
Session 3			Session 6		
F	301	200m butterfly	O/M	601	200m butterfly
O/M	302	200m Individual Medley	F	602	200m Individual Medley
F	303	50m backstroke	O/M	603	50m backstroke
O/M	304	50m breaststroke	F	604	50m breaststroke
F	305	100m freestyle	O/M	605	100m freestyle

QUALIFYING TIMES

Submitted times **MUST** be personal best times (achieved in a 25m pool or converted accordingly)

Higher Level Qualifying Times (Entry Times Should be No Faster Than)

Female																
Age Group	50m Freestyle	100m Freestyle	200m Freestyle	400m Freestyle	50m Breaststroke	100m Breaststroke	200m Breaststroke	50m Butterfly	100m Butterfly	200m Butterfly	50m Backstroke	100m Backstroke	200m Backstroke	100m IM	200m IM	400m IM
9	31.40	1.09.00	2.26.50	5.11.30	41.00	1.29.60	3.05.10	34.80	1.19.30	2.56.00	35.90	1.18.10	2.48.20	1.35.00	2.50.40	N/A
10	31.40	1.09.00	2.26.50	5.11.30	41.00	1.29.60	3.05.10	34.80	1.19.30	2.56.00	35.90	1.18.10	2.48.20	1.35.00	2.50.40	N/A
11	30.00	1.01.00	2.18.00	4.48.40	36.40	1.22.50	2.54.20	31.40	1.08.20	2.39.40	33.50	1.10.20	2.32.00	1.32.00	2.38.20	N/A
12	30.00	1.01.00	2.18.00	4.48.40	36.40	1.22.50	2.54.20	31.40	1.08.20	2.39.40	33.50	1.10.20	2.32.00	1.29.30	2.38.20	5.33.00
13	27.90	59.60	2.07.60	4.26.40	35.30	1.15.10	2.41.10	29.90	1.06.60	2.24.40	31.60	1.06.20	2.21.50	1.26.20	2.24.70	5.19.20
14	27.90	59.60	2.07.60	4.26.40	35.30	1.15.10	2.41.10	29.90	1.06.60	2.24.40	31.60	1.06.20	2.21.50	1.22.70	2.24.70	5.14.50
15	27.10	58.20	2.04.40	4.19.40	34.00	1.12.40	2.36.30	29.30	1.04.10	2.18.80	30.70	1.04.10	2.16.90	1.22.30	2.20.50	5.09.90
16	27.10	58.20	2.04.40	4.19.40	34.00	1.12.40	2.36.30	29.30	1.04.10	2.18.80	30.70	1.04.10	2.16.90	1.22.30	2.20.50	5.09.90
17+	27.10	58.20	2.04.40	4.19.40	34.00	1.12.40	2.36.30	29.30	1.04.10	2.18.80	30.70	1.04.10	2.16.90	1.22.30	2.20.50	5.09.90

Open/Male																
Age Group	50m Freestyle	100m Freestyle	200m Freestyle	400m Freestyle 1.2 9.30	50m Breaststroke	100m Breaststroke	200m Breaststroke	50m Butterfly	100m Butterfly	200m Butterfly	50m Backstroke	100m Backstroke	200m Backstroke	100m IM	200m IM	400m IM
9	32.10	1.07.80	2.26.10	5.07.20	38.50	1.29.30	3.03.00	34.90	1.19.00	2.54.00	36.00	1.18.30	2.41.20	1.39.90	2.48.10	N/A
10	32.10	1.07.80	2.26.10	5.07.20	38.50	1.29.30	3.03.00	34.90	1.19.00	2.54.00	36.00	1.18.30	2.41.20	1.39.90	2.48.10	N/A
11	28.90	59.80	2.18.00	4.31.70	35.80	1.17.20	2.48.60	32.00	1.07.60	2.28.80	32.30	1.08.00	2.25.00	1.35.00	2.27.90	N/A
12	28.90	59.80	2.18.00	4.31.70	35.80	1.17.20	2.48.60	32.00	1.07.60	2.28.80	32.30	1.08.00	2.25.00	1.32.00	2.27.90	5.40.30
13	26.60	56.80	2.03.40	4.19.60	32.50	1.12.30	2.36.70	29.30	1.00.80	2.15.60	30.40	1.01.40	2.17.20	1.30.80	2.17.60	5.09.30
14	26.60	56.80	2.03.40	4.19.60	32.50	1.12.30	2.36.70	29.30	1.00.80	2.15.60	30.40	1.01.40	2.17.20	1.25.10	2.17.60	4.55.90
15	24.80	53.60	1.56.40	4.05.80	31.00	1.07.30	2.26.10	27.10	58.80	2.09.10	28.10	59.50	2.08.10	1.14.80	2.11.20	4.49.20
16	24.80	53.60	1.56.40	4.05.80	31.00	1.07.30	2.26.10	27.10	58.80	2.09.10	28.10	59.50	2.08.10	1.14.60	2.11.20	4.49.20
17+	24.80	53.60	1.56.40	4.05.80	31.00	1.07.30	2.26.10	27.10	58.80	2.09.10	28.10	59.50	2.08.10	1.14.60	2.11.20	4.49.20

Submitted times must be shown for the events to be entered.

Entry from Swim England Club Compete members only.



AWARDS

1. Top Visiting Club

Team award will be made to the visiting club team acquiring the highest points total throughout the meet. Points scoring system will be based on descending scale 8 to 1 for individual placing in each age group.

2. Individual Awards will be made on an HDW basis

First three places in each age group in each event (Plus Para awards).

For Safeguarding reasons and in line with the Alan Higgs policy

1. No photography or videoing on poolside, balcony or in the changing village unless it is authorised by pre-arrangement with the club, gala host and Alan Higgs;
2. No training aids are to be used in the warmups/swim down areas except for kick boards and pull buoys. No fins, hand paddles, bungees and parachutes to be used.
3. Swimmers should not leave the pool deck area without suitable footwear.

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