



City of Coventry Swimming Club Winter Meet 2025

(Affiliated to Swim England West Midland Region)

City of Coventry

License 3 - *Sunday 7th & Sunday 14th December 2025*

To be held Under Swim England Laws and Technical Rules

Referee: Sally Stowe /Starter: Julia Smith

The competition will be held in the **25m Pool** at the Alan Higgs Centre, Allard Way, Coventry, CV3 1HW, which features backstroke ledges, Anti wave ropes, electronic timing, a secondary strobe light and a continuous warm up/swim down facility in the 23.5m end of the pool. The changing facility at the Centre is a Mixed Changing Village and may be accessed by the public at any time during the day.

This meet is open to swimmers in the following age groups (**Age at 14th December 2025**):

9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs/Over
400 IM 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17yrs/Over

ENTRY PROCEDURE

Entry fee is **£8.50** per event and the closing date for entries is the **31st of October 2025**. (Acceptances will be made on a "first come first served basis"). Entry may close early if demand dictates. Refunds of entry fees will only be given on production of a doctor's note if a swimmer is ill or injured, or if a swimmer has been chosen to represent their nation, region, or county for a training camp.

Entry is only permitted to Swim England Club Compete members. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

Para Swimmers

City of Coventry Swimming Club operates an inclusive policy for para swimmers in this competition. Swimmers will be ranked using British Para Swimming Points. Awards will be given to the top three in each event.

Entries will not be accepted without a time which must have been achieved by the 1st of July 2024, (training times will be acceptable). A SPORTSYSTEMS file for entries can be obtained by completing a form on our website.

Entry is by a file that can be imported into SPORTSYSTEMS. Individual entries from clubs who enter less than 5 swimmers and who are unable to produce a file for import into SPORTSYSTEMS may enter but will incur an administration fee of £8/swimmer. Clubs with more than 5 swimmers entered in the Meet are required to submit an electronic entry.

Invoices will be issued, and payment is due once entries have been received.



Meet Contacts

Entries: visitingclubs@coventry-swimming.org.uk

Officials: officials@coventry-swimming.org.uk

Application forms for Poolside Passes (cost £16.00 per pass for each day) can be found on our website and this provides a lunchtime meal and admission to Poolside. All Swimmers must be accompanied by Coaches/Team Managers or Chaperone as detailed in Wavepower

Schedule of Events

Session 1	Start 10:00am	Sunday 7 th December 2025		Session 4	Start 9:00am	Sunday 14 th December 2025
101	Female	400m Individual Medley		401	Open/Male	400m Individual Medley
102	Open/Male	100m Breaststroke		402	Female	100 Breaststroke
103	Female	200m Backstroke		403	Open/Male	200m Backstroke
104	Open/Male	200m Freestyle		404	Female	200m Freestyle
105	Female	50m Butterfly		405	Open/Male	50m Butterfly
Session 2	Start TBA pm			Session 5	Start TBA pm	
201	Open/Male	400m Freestyle		501	Female	400m Freestyle
202	Female	100m Butterfly		502	Open/Male	100m Butterfly
203	Open/Male	200m Breaststroke		503	Female	200m Breaststroke
204	Female	100m Backstroke		504	Open/Male	100m backstroke
205	Open/Male	50m Freestyle		505	Female	50m Freestyle
Session 3	Start TBA pm			Session 6	Start TBA pm	
301	Open/Male	200m Butterfly		601	Female	200m Butterfly
302	Female	200m Individual Medley		602	Open/Male	200m Individual Medley
303	Open/Male	50m Backstroke		604	Female	50m Backstroke
304	Female	50m Breaststroke		605	Open/Male	50m Breaststroke
305	Open/Male	100m Freestyle		606	Female	100m Freestyle

QUALIFYING TIMES

Submitted times **MUST** be personal best times (achieved in a 25m pool or converted accordingly)

Higher Level Qualifying Times (Entry Times Should be No Faster Than)

Girls															
Age Group	50m Freestyle	100m Freestyle	200m Freestyle	400m Freestyle	50m Breaststroke	100m Breaststroke	200m Breaststroke	50m Butterfly	100m Butterfly	200m Butterfly	50m Backstroke	100m Backstroke	200m Backstroke	200m IM	400m IM
9	31.40	1.09.00	2.26.50	5.11.30	41.00	1.29.60	3.05.10	34.80	1.19.30	2.56.00	35.90	1.18.10	2.48.20	2.50.40	N/A
10	31.40	1.09.00	2.26.50	5.11.30	41.00	1.29.60	3.05.10	34.80	1.19.30	2.56.00	35.90	1.18.10	2.48.20	2.50.40	N/A
11	30.00	1.01.00	2.18.00	4.48.40	36.40	1.22.50	2.54.20	31.40	1.08.20	2.39.40	33.50	1.10.20	2.32.00	2.38.20	N/A
12	30.00	1.01.00	2.18.00	4.48.40	36.40	1.22.50	2.54.20	31.40	1.08.20	2.39.40	33.50	1.10.20	2.32.00	2.38.20	5.33.00
13	27.90	59.60	2.07.60	4.26.40	35.30	1.15.10	2.41.10	29.90	1.06.60	2.24.40	31.60	1.06.20	2.21.50	2.24.70	5.19.20
14	27.90	59.60	2.07.60	4.26.40	35.30	1.15.10	2.41.10	29.90	1.06.60	2.24.40	31.60	1.06.20	2.21.50	2.24.70	5.14.50
15,16, 17ov	27.10	58.20	2.04.40	4.19.40	34.00	1.12.40	2.36.30	29.30	1.04.10	2.18.80	30.70	1.04.10	2.16.90	2.20.50	5.09.90
Boys3															
Age Group	50m Freestyle	100m Freestyle	200m Freestyle	400m Freestyle1.29.30	50m Breaststroke	100m Breaststroke	200m Breaststroke	50m Butterfly	100m Butterfly	200m Butterfly	50m Backstroke	100m Backstroke	200m Backstroke	200m IM	400m IM
9	32.10	1.07.80	2.26.10	5.07.20	38.50	1.29.30	3.03.00	34.90	1.19.00	2.54.00	36.00	1.18.30	2.41.20	2.48.10	N/A
10	32.10	1.07.80	2.26.10	5.07.20	38.50	1.29.30	3.03.00	34.90	1.19.00	2.54.00	36.00	1.18.30	2.41.20	2.48.10	N/A
11	28.90	59.80	2.18.00	4.31.70	35.80	1.17.20	2.48.60	32.00	1.07.60	2.28.80	32.30	1.08.00	2.25.00	2.27.90	N/A
12	28.90	59.80	2.18.00	4.31.70	35.80	1.17.20	2.48.60	32.00	1.07.60	2.28.80	32.30	1.08.00	2.25.00	2.27.90	5.40.30
13	26.60	56.80	2.03.40	4.19.60	32.50	1.12.30	2.36.70	29.30	1.00.80	2.15.60	30.40	1.01.40	2.17.20	2.17.60	5.09.30
14	26.60	56.80	2.03.40	4.19.60	32.50	1.12.30	2.36.70	29.30	1.00.80	2.15.60	30.40	1.01.40	2.17.20	2.17.60	4.55.90
15,16,17ov	24.80	53.60	1.56.40	4.05.80	31.00	1.07.30	2.26.10	27.10	58.80	2.09.10	28.10	59.50	2.08.10	2.11.20	4.49.20

Submitted times must be shown for the events to be entered. □

Entry from Swim England Club Compete members only.



AWARDS

1. Top Visiting Club

Team award will be made to the visiting club team acquiring the highest points total throughout the meet. Points scoring system will be based on descending scale 8 to 1 for individual placing in each age group.

2. Individual Awards will be made on an HDW basis

First three places in each age group in each event (Plus Para awards).

The Organisers reserve the right to limit the number heats should circumstances dictate. All heats will be swum in time seeded order, regardless of age.

For Safeguarding reasons and in line with the Alan Higgs policy

1. No photography or videoing on poolside, balcony or in the changing village unless it is authorised by pre-arrangement with the club, gala host and Alan Higgs;
2. No training aids are to be used in the warmups/swim down areas except for kick boards and pull buoys. No fins, hand paddles, bungees and parachutes to be used.
3. Swimmers should not leave the pool deck area without suitable footwear.

Accepted Entries, Pre-meet information including Gala timings and list of any rejections will appear on the club website about 14 days before the meet.

Details of the withdrawal process will be issued once the Meet has closed to entry.